



SECOND ANNUAL

# 5K Race To Build

Saturday, March 20, 2010

Runners and Walkers welcome (2-mile walk)  
7:30-8:10 am – Registration 8:30 am – Start

Race held rain or shine

**Course Location and Directions from Charlottesville:**

64 East exit 121A VA-20S/Scottsville Road. Turn left onto VA Route 53. Travel on Route 53 for approximately 16 miles. Pleasant Grove Farm will be on your left.

**Early Registration** (postmarked on or before March 2):

\$15 for youth through high school graduation, \$20 for adults

**Late Registration** (after March 2 and on race day):

\$20 for youth through high graduation, \$25 for adults

**Awards:** T-shirts for all entrants who register in advance. T-shirts may not be available for runners registering after March 2. Overall and age group awards to winners. Free refreshments will be provided to runners/walkers.

All proceeds will go toward the second Earthcraft-constructed (Green Built) Habitat for Humanity house in Fluvanna County.

**Special thanks to our sponsors:**



Hancock, Engel & Associates. A financial advisory  
Practice of Ameriprise Financial Services, Inc.



For more info, contact Jay at 434-589-3685 or e-mail [jlc@virginia.edu](mailto:jlc@virginia.edu)

# Registration Form

**Make checks payable to Fluvanna County Habitat for Humanity**  
**Mail checks and forms to: Fluvanna County Habitat for Humanity**  
**P.O. Box 276, Palmyra, VA 22963**

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

E-mail \_\_\_\_\_

Circle Gender:        M        F

Please indicate your age on Race Day: \_\_\_\_\_

Please check if you intend to walk rather than run:

T-shirt size:    YL        S        M        L        XL

## Runner's agreement, waiver and release

I know that running a cross country or road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by all decisions of the race officials relative to my ability to compete and run safely. I assume all risks with running in this event, including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Fluvanna County Habitat for Humanity, Fluvanna County, race organizers and all associated sponsors, their representatives and successors, from all claims or liabilities of any kind arising out of my participation in this event.

In consideration of the safety of all participants, I understand that absolutely no baby joggers, baby strollers, headphones, animals on leash, skateboards, skates, roller blades, or bicycles are allowed on the course. In addition, I understand that if the race is cancelled by circumstances beyond the control of the organizer, my entry fee will not be refunded. I grant permission to all the foregoing to use photographs, motion pictures, records, or other records of this event for any legitimate purpose.

Signature \_\_\_\_\_ Date \_\_\_\_\_

(Parent or guardian must sign if entrant is under 18)

Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_